

Country Haven Retirement Home



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Spring Sample Menu

2017

Spring Sample Menu

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Rolled Oats Assorted Juices Cold Cereals Whole Wheat Toast Milk Tea or Coffee	Cream of Wheat Assorted Juices Cold Cereals Scrambled Eggs Whole Wheat Toast Assort. Jams Milk Tea or Coffee	Rolled Oats Assorted Juices Cold Cereals Raisin Toast Whole Wheat Toast Assorted Jams Milk Tea or Coffee	Rolled Oats Assorted Juices Cold Cereals Raspberry Muffins Whole Wheat Toast Milk Tea or Coffee	Cream of Wheat Assorted Juices Cold Cereals Boiled Eggs Whole Wheat Toast Assort. Jams Milk Tea or Coffee	Rolled Oats Assorted Juices Cold Cereals Bran Muffins Whole Wheat Toast Assort. Jams Milk Tea or Coffee	Cream of Wheat Assorted Juices Cold Cereals Fruit Cocktail W Wheat Toast Assort. Jams Milk Tea or Coffee
Cranberry Juice Cold Turkey Sliced Potato Salad Assorted Veggies Cranberry Sauce Tea or Coffee Cherry Cheese Cake <i>Alternate: Meat Balls</i>	Tomato Juice Chicken Pot Pie Tomato on Lettuce Dinner Rolls Tea or Coffee Apple Pudding <i>Alternate Pork</i>	Chicken Rice Soup Cold Smoked Ham Devilled Eggs Garden Cucumbers Bread Tea or Coffee Spiced Cake Alternate: Roast Beef	Apple Juice Beef Stroganoff on Noodles Diced Parsnips Tea or Coffee Vanilla Pudding <i>Alternate: Hot Dogs</i>	Corn Chowder Soup Assorted Deli Plate Bread Tea or Coffee Hot Rhubarb Crisp Alternate: Baked Chicken	V8 Juice Fish & Chips Coleslaw Tarter Sauce Tea & Coffee Date Square Alternate: Hamburgers	Mushroom Soup Sandwiches Bean Salad Tea & Coffee Apple Pie Alternate: Tuna Salad
Apple Juice Pork Chops Mixed Veggies Whipped Potatoes Tea or Coffee Pralines & Cream Ice Cream <i>Alternate Fish</i>	Orange Juice Sausage on a Bun Whipped Potatoes Tea or Coffee Assorted Desserts <i>Alternate: Pork Chops</i>	Orange Juice Swiss Steak Mashed Potatoes Breaded Zucchini Tea or Coffee Pear Halves <i>Alternate: Lasagna</i>	Tomato Juice Baked Chicken Mixed Veggies Baked Potatoes Tea or Coffee Assorted Desserts Alternate: Pork	Tomato Juice Spaghetti Tossed Salad Dinner Rolls Tea or Coffee Apple Sauce Alternate: Chicken	Apple Juice Pea Soup Sandwiches Tea or Coffee Coconut Pudding Alternate: Meat Balls on Rice	Orange Juice Baked Sausage Boiled Potatoes Tea & Coffee Assorted Des- serts Alternate Salmon